

POZNAN UNIVERSITY OF TECHNOLOGY

EUROPEAN CREDIT TRANSFER AND ACCUMULATION SYSTEM (ECTS)

Profile of study

general academic

COURSE DESCRIPTION CARD - SYLLABUS

Course name

Physical education [C CS>WF30]

Course

Field of study Year/Semester

Mathematics of Modern Technologies 1/1

Area of study (specialization)

Air Transport Safety Unmanned Aerial Vehicles Technical Electrochemistry Composites and Nanomaterials Air Traffic Organisation

Aircraft Piloting

Aircraft Engines and Airframes

Onboard Systems and Aircraft Propulsion

Organic Technology Polymer Technology

null

Level of study Course offered in

first-cycle Polish

Form of study Requirements

full-time elective

Number of hours

Lecture Laboratory classes Other (e.g. online)

0

Tutorials Projects/seminars

0

Number of credit points

0,00

Coordinators Lecturers

Prerequisites

General fitness - depending on the chosen discipline

Course objective

Obtain knowledge and skills on the impact of physical activity on fitness.

Course-related learning outcomes

Knowledge:

1. Students will have knowledge of the physicochemical and biological bases of the health sciences as

relevant to pharmaceutical engineering, taking into account the basic issues covered in subjects such as human anatomy and physiology [K_W5].

Skills:

- 1. Student has the ability to self-taught [K U24].
- 2.Student acquires the ability to act both individually and in a group by analysing, selecting exercises, discussing problems and assessing progress [K U25].

Social competences:

1.Student acquires organisational skills in conducting classes and organising basic sports competition (matches, competitions, etc.) in accordance with the regulations in force and the principles of fair play [K K2].

Methods for verifying learning outcomes and assessment criteria

Learning outcomes presented above are verified as follows:

Evaluation criteria: attendance in class

Credit for the course is given through active and regular attendance in class (stationary or remote form depending on the epidemiological situation). Students are required to make up absences in agreement with the instructor.

Programme content

Depending on the chosen discipline:

- 1. Developing physical fitness using a variety of instruments and equipment.
- 2. Teaching and perfecting technical elements in team sports games.
- 3. Developing physical motor skills.
- 4. Using various forms of physical recreation in fitness development.
- 5. Training to improve and form the efficiency of the body.

Course topics

none

Teaching methods

practical exercises; games

Bibliography

Basic:

none

Additional:

none

Breakdown of average student's workload

	Hours	ECTS
Total workload	30	0,00
Classes requiring direct contact with the teacher	30	0,00
Student's own work (literature studies, preparation for laboratory classes/ tutorials, preparation for tests/exam, project preparation)	0	0,00